- i) about 23 wt/wt% f the carbohydrate system is a source of fructose,
- ii) about 64 wt/wt% of the carbohydrate system is digestible glucose polymers.
- iii) about 6.5 wt/wt% of the carbohydrate system is nonabsorbent carbohydrates,
- iv) about 3 wt/wt% of the carbohydrate system is fiber selected from the group consisting of soluble fiber, insoluble fiber, fermentable fiber, non-fermentable fiber and mixtures thereof
- v) about 3.5 wt/wt% of the carbohydrate system is indigestible oligosaccharides,
- b) a source of fat comprising about 33% of the total calories of the product; and
- c) a source of protein comprising about 20% of the total calories of the product.
- 19. (currently allowed) The nutritional product of claim 18 further including at least one additional nutrient selected from the group consisting of vitamin A, vitamin B₁, vitamin B₂, vitamin B₈, vitamin B₁₂, vitamin C, vitamin D, vitamin E, vitamin K, biotin, carnitine, taurine, folic acid, pantothenic acid, niacin, choline, calcium, phosphorus, magnesium, zinc, manganese, copper, sodium, potassium, chloride, iron, selenium, chromium and molybdenium.
- (currently allowed) A method for providing nutrition to an individual with diabetes comprising enterally administering the nutritional product according to claim 18.
- 25. (currently allowed) A method for blunting the postprandial glycemic response comprising enterally administering the nutritional product according to claim 18.
- 27. (cancelled)
- 28. (new) A method for providing nutrition to an individual with diabetes comprising enterally administering a liquid nutritional product comprising:

- a) total carbohydrate from about 25% to about 55% of the total call ries of the product, said carbohydrate comprises:
- a source of fructose from about 5 wt/wt% to about 50 wt/wt% of the total carbohydrate, and
- ii) at least one digestible glucose polymer source from about 50 wt/wt% to about 95 wt/wt% of the total carbohydrate,

wherein from about 1 wt/wt% to about 20 wt/wt% of the total carbohydrate is nonabsorbent carbohydrates, and

- b) a source of protein from about 10% to about 35% of the total calories of the product.
- 29. (new)The method according to claim 28 wherein said total carbohydrate further comprises less than about 17 wt/wt% of the total carbohydrate as dietary fiber selected from the group consisting of soluble fiber, insoluble fiber, fermentable fiber, non-fermentable fiber and mixtures thereof.
- 30. (new) The method according to claim 28 wherein said total carbohydrate further comprises less than about 20 wt/wt% of the total carbohydrate as indigestible oligosaccharides.
- 31. (new) A method for providing nutrition to an individual with diabetes comprising enterally administering a liquid nutritional product comprising:
 - a) total carbohydrate from about 25% to about 55% of the total calories of the product, wherein said carbohydrate comprises a digestible glucose polymer to fructose wt/wt ratio from about 19:1 to about 1:1, and wherein from about 1 wt/wt% to about 20 wt/wt% of the total carbohydrate is nonabsorbent carbohydrates, and
 - b) a source of protein from about 10% to about 35% of the total calories of the product.
- 32. (new)The method according to claim 31 wherein said total carbohydrate further comprises less than about 17 wt/wt% of the total carbohydrate as dietary fiber selected from the group consisting of soluble fiber, insoluble fiber, fermentable fiber, non-fermentable fiber and mixtures thereof.

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33. (new) The method according to claim 31 wherein said total carbohydrate further comprises less than about 20 wt/wt% of the total carbohydrate as indigestible oligosaccharides.

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